



The British Psychological Society
Promoting excellence in psychology

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The Society has offices in Belfast, Cardiff, Glasgow and London, as well as the main office in Leicester. All enquiries should be addressed to the Leicester office (see inside front cover for address).

The British Psychological Society

was founded in 1901, and incorporated by Royal Charter in 1965. Its object is 'to promote the advancement and diffusion of a knowledge of psychology pure and applied and especially to promote the efficiency and usefulness of Members of the Society by setting up a high standard of professional education and knowledge'.
Extract from The Charter



President's column

Dorothy Miell

Contact Dorothy Miell via the Society's Leicester office, or e-mail: presidentmiell@bps.org.uk

Happy New Year! I'm writing this column as I'm attending two rather special days for the Society – one showcasing psychology to 16- to 19-year-old students and the second talking to final-year students and recent graduates about careers in psychology [see p.14, and next month's issue]. Both these events (organised so well by the Standing Conference Committee and the Society conferences team) have been really popular, reaching about 1500 young people as well as some of their teachers and advisers.

Talking to the some of those attending (and to the exhibitors from some of our member networks and university partners) it was excellent to hear about their enthusiasm for the subject, the level of interest in the Society and the informed questions being asked about courses and careers. In line with the outcomes of our ongoing graduate destinations survey, the careers these students were interested in ranged broadly both within the full range of our practice and academic areas as well as beyond psychology (child nursing, adapted design, HR, for example). Despite the lure of London's Christmas shopping streets so nearby it was noticeable that on both days the breaks between talks saw delegates milling around all the stalls and discussing the presentations. If your network or university wasn't one of those represented at the event you may want to think about hosting a stall at the next one – contact lists were being filled up on every stand I saw (especially where there were demonstrations for them to interact with, or freebies to take away!).

Whilst it's only the second time we've run the graduate event, the Psychology4Students event has been a sell-out with a waiting list on each occasion. Such a level of interest obviously bodes well for the Society and for interest in psychology as a subject to study. It's perhaps not surprising that we heard the news last month that we have finally broken through the 50,000 mark for members of the Society, having had a much more static membership for so long before then. I know my predecessor as President, Richard Mallows, had been looking forward to welcoming the 50,000th member throughout his presidential year and I'm delighted that I will

finally be able to do this.

As I listened to the presentation to graduates this morning about the Society and what its members can expect to receive, as part of our drive to build the membership still further, I was struck by mention of the 'too many to list' member networks within the Society. You will probably already know about our review of the current network structure being chaired by our President Elect Jamie Hacker Hughes, but the urgency of trying to improve things is clear when you talk to new or potential members and

see their confusion. Of course this is nothing new, however. Robert Bartlett concluded his 1947 Presidential Address to the Society with the words: 'Psychology is now a vast subject split up into many different sections, each using its own jargon, knowing very little of what is happening in other sections, and, in several cases, claiming that its part is the whole.' (His Presidential Address was, by the way,

published in 1948 in the very first issue of the first volume of the Society's *Quarterly Bulletin*, a forerunner of *The Psychologist*.) Nearly 70 years on and we still have to address similar problems! The review is in a consultation period at the moment so you should be feeding in your views to any networks you are a member of, or direct to Jamie on profjamiehh@gmail.com.

At the start of a new year it's not only good to see the membership growing and the continuing strong interest amongst the next generation of potential psychologists, but also to recognise an upcoming milestone for the Society this year. 2015 is the 50th anniversary of the granting of the Royal Charter to the Society, which has shaped the nature of our activities since then. I'd like to find ways of celebrating this milestone and will be considering options and discussing with the Trustees at our next meeting – perhaps we could award 50 anniversary fellowships? Why not get in touch to let me have your suggestions and comments?

Plenty to look forward to, and to do, in 2015...



The Psychology4Students event has been a sell-out



Practitioners of the Year

Emma Donaldson-Feilder, Rachel Lewis and Hamilton Fairfax

Emma Donaldson-Feilder, Rachel Lewis and Hamilton Fairfax are the joint recipients of the Professional Practice Board's Award for Practitioner of the Year 2014.

The award recognises, promotes and rewards good practice by Chartered Members of the Society by acknowledging their achievements in the preceding 12 months.

Donaldson-Feilder and Dr Lewis received the award jointly for their research, with colleagues at Affinity Health at Work (Rachel also

works at Kingston Business School), which looked at how best to support and develop managers to create sustainable employee engagement, health and well-being. The research brought together two existing frameworks of management behaviours and competencies that enhance engagement and prevent and reduce employee stress. More recently, the research has taken an evidence-based approach to developing line managers' capability.

The initial work led to the creation of a freely available

framework setting out what managers need to do to encourage engagement in their teams, whilst at the same time preventing stress and protecting well-being. The recent research has helped organisations to improve the effectiveness of their management development programmes.

The award was also conferred on Dr Hamilton Fairfax for his development of innovative therapeutic techniques when working with complex clients. In 2012 Dr Fairfax and colleague Dr Frances Gillies developed the Adaptation-based Process Therapy (APT), an integrative group-based approach for complex clients, especially those with a personality disorder diagnosis and another medical condition.

Dr Fairfax practised and developed this intervention in North Devon NHS Services and is now furthering his work as Professional Lead of Psychological Services in the Torbay region in South Devon. Aware that this particular work was producing good therapeutic outcomes he co-facilitated and supervised a successful obsessive compulsive disorder group for complex clients.



Rachel Lewis



Emma Donaldson-Feilder

Scotland – referendum fallout and serious incidents

The AGM and Scientific Meeting of DCP-Scotland on 7 November was chaired by Dr Ruth Stocks, Chair of DCP-S and featured two well-known speakers: Professor John Curtice, University of Strathclyde, and Dr Lisa Reynolds, Lead of Trauma Services, NHS Greater Glasgow and Clyde.

Professor Curtice's presentation 'After the referendum' could scarcely have been more topical: a review of the outcome, demographics, motivations and fallout of the Scottish independence referendum. On outcome, Professor Curtice emphasised the unprecedented voter turnout of 84.5 per cent. In his consideration of demographics, he highlighted both the significant gaps in basic voting variables such as gender, age, social class and birthplace cohorts, and

also the more elusive features of Scottish/British identity; how YES never won the economic debate; and how Indy was perceived as an overall risk leading to uncertainty. Professor Curtice's concluding overview on 'the referendum fallout' suggested that the referendum has resulted in a country that is apparently keener than ever on having a substantial degree of autonomy – but perhaps has yet to embrace the possible consequences.

The presentation by Dr Lisa Reynolds gave a vivid and detailed account of the November 2013 Clutha helicopter major incident in Glasgow, in which 10 people died, including three of the helicopter crew, and in which many survivors had described being 'trapped' or 'buried under rubble'. This clearly remained fresh in the minds of AGM attendees. Dr Reynolds

then highlighted the Guiding Principles of Psychological First Aid and discussed the 'stepped care' model recommended. The salient features of this are that the majority of people involved in serious incidents usually respond with great resilience and, despite temporary distress, do not require the support of mental health services; that awareness of the range of people likely to be impacted upon by the incident is vital (e.g. those directly involved, emergency response services, family members and witnesses); and that specific formal interventions (e.g. individual face-to-face debriefing sessions) have not been shown to be effective and may actually cause increased psychological harm.

*Dr Kirsty Anderson, Chartered Psychologist
University of Edinburgh/NHS Lothian*



Discover a new service – journal articles and beyond

The Society and EBSCO Information Services have got together to launch Discovery Service – a new, customised way for BPS members to search and access a multitude of online journals and other publications. The service went live in early December and is available free to all members, including students.

This is a major new development of the Society's programme of delivering high-quality resources to support research, teaching and practice. It represents a significant enhancement to the already popular PsychSource service and will be particularly useful to members without their own institutional access to journals and other library resources.

The key feature of BPS Discovery Service is that it provides access to a vast knowledge base within a unified search experience. As well as offering a single search (with advanced options) of all our primary full-text journals databases – the 11 BPS journals and 32 selected Wiley journals, which are already available through PsychSource, and 500+ titles in EBSCO's Psychology & Behavioral Sciences Collection – the new service also searches a wealth of publishers' metadata and open-access material, including:

- | open-access journals databases;
- | subject and institutional repositories
- | premium psychology publishers –

- | Elsevier, Taylor & Francis, Springer, Emerald, and many more;
- | academic catalogues – Science Direct, ERIC, JSTOR, etc.; and
- | many other online sources – biographies, ebooks, conference proceedings, images, magazines, newspapers, videos, and much more.

Search results are ranked according to relevancy and, where available, deliver immediate access to full-text content directly from the results list.

Dorothy Miell, BPS President, said: 'This new service for the first time brings together the major journal collections that the Society provides free of charge to its members. Instead of separate searches, a single search is now all that's needed. Add to that the large quantity of other resources that Discovery Service gives access to, and it is rather like having our own massive, private online library. This initiative is part of the Society's ongoing commitment to providing research resources to our members and adding value to membership.'

Discovery Service is available to Society members only (but not Affiliate or Subscriber grades), and PsychSource

(<http://psychsource.bps.org.uk>) provides the access point. Our publishing partners Wiley, with whom PsychSource is a joint, enterprise, have helped incorporate a simple authentication and access process.

Members who have used EBSCO's Psychology & Behavioral Sciences Collection in the past using EBSCOhost via the Society's website will have no trouble recognising the new Discovery Service interface, which looks similar and behaves identically, except there is so much more content available. What's more, for the many members who have created their own profile within EBSCOhost, all their preferences, search history, and so on, will automatically be carried across to Discovery Service. Members will also find the new login via PsychSource much quicker and simpler – once signed in, just a single click.

For less extensive library research, PsychSource is still available to anyone, member or non-member, to search and browse BPS/Wiley books, journals and multimedia; and for members, it is also the place to go to for generous Wiley book discounts.

*Peter Dillon-Hooper
Academic Resources Manager*

Society vacancies

Professional Practice Board

Child Protection Working Party

See advert p.55

Contact *Grace Smith* grace.smith@bps.org.uk

Closing date 26 January 2015

SOCIETY NOTICES

Annual Conference 2015, Liverpool See p.i
DCP Faculty for People with Intellectual Disabilities

Annual Conference 2015, Oxford See p.43

2015 CPD workshops See p.48-49

Annual General Meeting 2015 See p.50

Scottish Branch Undergraduate Conference 2015, Glasgow See p.53

South West of England Branch Undergraduate Conference 2015, Bath See p.56

Directory goes live

The 2015 Professional Development Directory went live at the end of November with over 90 workshops, and we are delighted that most of our Divisions, Sections and Special Groups have engaged with us to offer mutually relevant topics to provide members with the opportunity for cross-discipline learning and networking.

From March 2015 the Health & Care Professions Council will again be conducting random audits of CPD records of registered practitioner psychologists, and it will be as important as ever to make the most of the professional development opportunities provided by your learned society. It is therefore important that you maintain an ongoing record of your CPD. You can do this via our planning and

recording tool: myCPD.

As always, the programme of CPD workshops will be updated throughout the year as new events become available. For the most up-to-date information please keep an eye on the events listing on the Society's website www.bps.org.uk/findcpd or read our Events Update, e-mailed to members monthly.

Booking your place on a 2015 workshop is simple – look for the BPS Shop link on our homepage and in the how to book section on the event page to book online. You can also use the downloadable registration form on the events pages. Please continue to maximise the Professional Development Centre's offerings and let us know which workshops you enjoy the most on Twitter using #BPScpd.



The British Psychological Society
Conferences & Events

Organised by BPS Conferences

BPS conferences are committed to ensuring value for money, careful budgeting and sustainability

2014

CONFERENCE	DATE	VENUE	WEBSITE
Psychology4Students – London	2 December	Kensington Town Hall, London	www.bps.org.uk/p4s
Psychology4Graduates	3 December	Kensington Town Hall, London	www.bps.org.uk/p4g
Division of Clinical Psychology	3–5 December	Radisson Blu Hotel, Glasgow	www.bps.org.uk/dcp2014

2015

Division of Occupational Psychology	7–9 January	Hilton Glasgow	www.bps.org.uk/dop2015
Faculty for People with Intellectual Disabilities	29 Apr–1 May	The Oxford Hotel	www.bps.org.uk/fpid2015
Annual Conference	5–7 May	ACC, Liverpool	www.bps.org.uk/ac2015
Trainee Conference	6 May	ACC, Liverpool	www.bps.org.uk/trainee2015
Supervision Conference	7 May	ACC, Liverpool	www.bps.org.uk/supervision2015
Division of Forensic Psychology	1–3 July	Manchester Metropolitan University	www.bps.org.uk/dfp2015
Division of Counselling Psychology	10–11 July	Majestic Hotel, Harrogate	www.bps.org.uk/dcop2015
Qualitative Methods in Psychology Section	2–4 September	Anglia Ruskin University, Cambridge	www.bps.org.uk/qmp2015
Developmental Section & Social Section	9–11 September	The Palace Hotel, Manchester	www.bps.org.uk/devsoc2015
Division of Health Psychology	16–18 September	Radisson Blu Portman, London	www.bps.org.uk/dhp2015



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Postdoctoral Conference Bursary Scheme

This Research Board bursary scheme supports the work of postdoctoral researchers and lecturers.

Conference bursaries are available to support UK psychology postdoctoral researchers and lecturers to attend any academic conference, either in the UK or internationally, relevant to the applicants work. Each bursary consists of up to £150 (UK) or £300 (international) to contribute towards the costs of registration and travel to attend the full conference.

There are two rounds of the scheme each year, with submission deadlines on 1 April and 1 October. **Get your applications in now for the April deadline.**

For the full criteria and an application form please contact Carl Bourton at the Society's office carl.bourton@bps.org.uk

Note: For the purposes of the bursary scheme, a postdoctoral research/lecturer is defined as a person who is employed at a UK HEI and is within three years of the completion of their doctoral research degree (i.e. PhD) in psychology.